

# HUSKIE SPORT CAMPS

(All grades listed are as of Fall 2008)

PLEASE USE THE SPORT AND SWIM REGISTRATION FORMS FOR CAMPS

**Camp Director: John Stelzer, 708-434-3000**

**Camp Secretary: Lyn LeFevre, 708-434-3600**

**Sport Camp**                      **Grade Level**  
**(As of Fall 2008)**

Boys:

Baseball	6-12
Basketball	5-12
Distance Running	6-12
Football	4-12
Soccer	10-12
Soccer	7-9
Sports Camps	4-8
Volleyball	6-12
Wrestling	1-12

Girls:

Basketball	4-12
Distance Running	7-12
Field Hockey	1-12
Lacrosse	3-9
Soccer	7-12
Synchronized Swim	5-9
Volleyball	6-12
Water Polo	6-12

CO-ED:

Badminton	5-12
Golf	6-12
Soccer Goalie	9-12
Special Olympics	7-12
Track and Field	4-8
Pole Vault	6-12
Weight Training	9-12

**Swim Camps:**

Girls and Boys                      ages 4-10 yrs.

**REGISTRATION – SPORTS CAMPS**

You may contact individual coaches for specific information and questions regarding camps.

**MAIL-IN AND ONLINE** registration begins on March 31 and ends on June 4, 2008. For online registration go to oprfhs.org website, under QUICK LINKS look for Online Payments, click on it and follow the directions.

**WALK-IN** registration will occur June 9 through 13, 2008 on a space-available basis from 8:00 a.m.-2:00 p.m in the Athletic Office.

**Mail To:**

Summer Sport Camps Registration  
Athletic Office  
201 N. Scoville Avenue  
Oak Park, Illinois 60302

Checks must include the daytime telephone number of the person who signed the check.

Refunds: If you choose to drop a camp for any reason prior to the start date of your camp, a refund, less a \$25.00 service fee, will be issued. ***NO REFUNDS WILL BE ISSUED AFTER THE 2<sup>ND</sup> DAY OF YOUR CAMP.***

***IF YOU ARE INJURED YOU MUST CONTACT THE CAMP SECRETARY IMMEDIATELY AT 708-434-3600 IF YOU ARE UNABLE TO CONTINUE THE CAMP.***

## **BOYS' BASEBALL**

Contact: Chris Ledbetter  
708-434-3040  
cledbetter@oprfrhs.org

### **BA-01 Boys' Varsity Camp**

Note: Permission of the coach is required.  
Open To: Incoming Juniors and Seniors  
Description: Varsity Baseball – Skill development, assessment, and daily game competition, with an end of season state tournament.  
Location: Baseball Field  
Dates: 6/9/-7/25  
Time: 2:00 – 6:00 p.m. (varies)  
Fee: \$185.00

### **BA-02 Boys' Sophomore Camp**

Open To: Incoming Sophomores  
Description: Baseball skill camp for players who have just completed their Freshman year of high school. Camp focus is on skills by the Varsity Baseball staff. T-shirt included.  
Location: Baseball Field  
Dates: 6/16 – 6/27  
Time: 10:15 a.m. – 12:15 p.m.  
Fee: \$130.00  
Rain Out Dates: 7/2 and 7/3

### **BA-03 Boys' Youth Camp**

Open To: All incoming 6th, 7th, 8th and 9th graders  
Description: Youth Baseball Camp focusing on skill development, strategies, and assessment. T-shirt included  
Location: Baseball Field  
Dates: 6/16 - 6/27  
Time: 8-10:00 a.m.  
Fee: \$130.00  
Rain Out Dates: 7/2 and 7/3

## **BOYS' BASKETBALL**

Contact: Al Allen  
708-434-3552  
aallen@oprfrhs.org

### **BBK-01 Boys' Freshman Basketball**

Description: Learn basic basketball skills and prepare for competitive freshman basketball.  
Open To: Incoming Freshman  
Dates: 6/16-7/17 Monday-Thursday  
Time: 1:00 – 3:00 p.m.  
Location: 1 West Gym  
Fee: \$120.00

### **BBK-02 Boys' Sophomore Basketball**

Description: Learn advanced basketball skills and prepare for competitive sophomore basketball.  
Open To: Incoming Sophomores  
Dates: 6/16-7/17 Monday-Thursday  
Time: 3:00 – 5:00 p.m.  
Location: 1 West Gym  
Fee: \$120.00

### **BBK-03 Boys' Junior/Seniors Basketball**

Description: Learn advanced basketball skills and prepare for competitive varsity basketball  
Open To: Incoming Juniors and Seniors  
Dates: 6/16-7/17 Monday-Thursday  
Time: 1:00 – 3:00 p.m.  
Location: Field House  
Fee: \$120.00

### **BBC-01 Boys' Grade 5-6 Basketball**

Note: Limited to 80 participants  
Open To: Incoming 5<sup>th</sup> and 6<sup>th</sup> graders  
Description: Have fun learning basic basketball skills of dribbling, ball handling, shooting and game competition.  
Dates: 6/16-7/17 Monday-Thursday  
Time: 10:00 a.m. – 12:00 p.m.  
Location: Field House/1 West Gym  
Fee: \$120.00

### **BC-02 Boys' Grade 7-8 Basketball**

Note: Limited to 80 participants  
Open To: Incoming 7<sup>th</sup> and 8<sup>th</sup> graders  
Description: Have fun learning basic basketball skills of dribbling, ball handling, shooting and game competition.  
Dates: 6/16 - 7/17 Monday-Thursday  
Time: 8:00 – 10:00 a.m.  
Location: Field House/1 West Gym  
Fee: \$120.00

## **BOYS' FOOTBALL**

Contact: Jim Nudera  
708-434-3030  
jnudera@oprfs.org

### **BFB-02 Boys' Youth Football Camp**

Open To: Grades 4-8  
Description: Youth Camp is designed to teach students at the youth level proper skills and fundamentals of football. Staffed by OPRFHS football coaches and upperclass high school players to ensure a quality camp. Each camper will receive a T-shirt.  
Location: Stadium  
Dates: June 9 - 13 Monday-Friday  
Time: 12:00 – 2:30 p.m.  
Fee: \$60.00

### **BFB-03 Boys' Freshman Team**

Open To: Incoming Freshman  
Part 1: Mini Camp  
Fundamentals: Beginning offense, defense, and special teams used within the program.  
Location: Stadium, Monogram Room, and Weight Room  
Dates: June 9 – July 3 Monday-Friday  
Time: 3:00 – 5:30 p.m.

Part 2: Weight Training and Conditioning  
Improve strength, flexibility and conditioning  
Location: Weight Room/Fieldhouse./Stadium  
Dates: July 7 – July 31 (Monday-Thursday)  
Time: 6:00 a.m. – 8:30 a.m.  
Fee: \$115.00 (Includes Parts 1 and 2)

### **BFB-04 Boys' Varsity and Sophomore Team**

Open To: Sophomores, Juniors, Seniors-**with complete physical on file.**  
Part 1: Mini Camp  
Teaches offense, defense, and special teams used within the program.  
Location: Room 370, 371, Stadium, and Weight Room  
Dates: June 9– July 9 Monday-Friday  
Time: 5:00 p.m. – 8:30 p.m.

Part 2: Weight Training and Conditioning  
Improve strength, flexibility and conditioning  
Location: Weight Room/Fieldhouse/Stadium  
Dates: July 7 – July 31 (Monday-Thursday)  
Time: 6:00 a.m. – 8:30 a.m.  
Fee: \$115.00 (Includes Parts 1 and 2)

## **BOYS' DISTANCE RUNNING**

Contact: Jose Sosa  
708-434-3048  
jsosa@oprfs.org

### **BDR-01 Boys' Distance Running Camp**

Open To: Grades 6-12  
Description: Running, weight training, swimming  
Dates: 6/9 - 7/18 Monday-Wednesday-Friday  
Time: 5:30 – 8:00 p.m.  
Place: Fitness Center/West Pool  
Fee: \$100.00

## **BOYS' SOCCER**

Contact: Paul Wright  
708-434-3574  
pwright@oprfs.org

### **CS-02 Boys' Soccer**

Open To: Grade 10-12  
Description: A comprehensive seven-week program (different than 2007 camp) focusing on a variety of soccer skills, techniques, and tactics in relation to the 6 Principles of Huskie Soccer. Each camp day will have a specific theme. The camp day will be broken down into the following components: fundamentals of the theme, match related scenarios of the theme, and implementation of the theme in game conditions. Each camp session will end with an intensive speed agility training session that is specifically geared for the soccer athlete. The last four sessions will involve 9v9 games with other local high school teams. The camp is staffed with OPRFHS soccer coaches and other nationally certified trainers. Every camper will receive a camp t-shirt and camp soccer ball. This camp will prepare you for the next level of Huskie Soccer History—be prepared to work like a Huskie!  
Location: Lake Street Field  
Dates: June 9- July 23  
(Monday & Wednesday 14 sessions)  
Time: 5:30 p.m. – 7:30 p.m.  
Fee: \$185.00  
Enrollment: 100

### **BSC-01 Future Big Dogs Huskie Soccer Camp**

Open To: 7th-9th grades ( incoming freshman)  
Description: A comprehensive six-week program focusing on a variety of soccer skills, techniques, and tactics. The 6 Principles of Huskie Soccer will be introduced during this camp. Each camp day will have a specific theme. The camp day will be broken down into the following components: fundamentals of the theme, match related scenarios of the theme, and implementation of the theme in game conditions. Each camp session will end with an intensive speed agility training session that is specifically geared for the soccer athlete (30 minutes). The camp is staffed with varsity athletes, OPRFHS soccer coaches and other nationally certified trainers. Every camper will receive a camp T-shirt and soccer ball. (Incoming 9th graders will be invited to participate in 3 additional sessions of playing 9v9 against other local HS teams.) This camp will demonstrate the passion and heart of Huskie Soccer—be prepared to work like a Huskie!

Location: Lake Street Field  
Dates: June 9 - July 14  
(Monday & Wednesday 11 sessions)  
Time: 3:30 - 5:30 PM  
Fee: \$165.00

### **BOYS' VOLLEYBALL**

Contact: Don August  
708-434-3015  
daugust@oprfs.org

### **VB-06 Boys' High School Volleyball**

Open To: Incoming Sophomores, Juniors and Seniors  
Description: Sessions will focus on conditioning, skill development and game play.  
Location: 1 West Gym  
Dates: June 9– June 26 (Monday – Thursday)  
Time: 6:00 – 8:00 a.m.  
Fee: \$100.00  
Enrollment: 50

### **VB-07 Boys' Junior High Volleyball**

Open To: Incoming Grades: 6-8  
Description: Sessions will focus on skill development and basic systems of play. Free camp T-shirt.  
Location: 3rd Floor Dance Studio/3 East & South Gym  
Dates: June 9 – June 26 (Monday – Thursday)  
Time: 9:00 – 11:00 a.m.  
Fee: \$100.00  
Enrollment: 40

### **VB-08 Boys' Incoming Freshman**

Open To: Incoming Freshman  
Description: Sessions will focus on skill development, conditioning, offensive and defensive systems of play. Some game play.  
Location: 1 West Gym  
Dates: June 9 – June 26 (Monday – Thursday)  
Time: 6:00 – 8:00 a.m.  
Fee: \$100.00  
Enrollment: 30

### **BOYS' WRESTLING**

Contact: Mike Powell  
708-434-3483  
mpowell@oprfs.org

### **WR-01 Boys' Youth Wrestling**

Open To: Grades: 1-8  
Description: Learn the basics of wrestling. Focus on fun, agility, technique, strength, and fun!  
Location: 2 South Gym  
Dates: 7/7 – 7/24 Monday-Thursday  
Time: 1 –3 p.m.  
Fee: \$90.00

### **WR-02 Boys' High School**

Open To: Grades: 9-12  
Description: A must for all those who desire winter success! Folkstyle, Freestyle and Greco Roman wrestling will be taught.  
Location: 2 South Gym  
Dates: 7/14 – 7/21  
Time: 8-10 AM (Technique in the morning)  
6-8 p.m. (Live matches at night)  
Sat. @ 9 AM  
Fee: \$100.00

### **BOYS' SPORTS CAMP - GRADES 4 - 8**

Contact: Bob Organ  
708-434-3072  
rorgan@oprfs.org

### **BSC-02 Boys' Grades 4, 5,6 Sports Camps**

Open To: Incoming Grades 4, 5,6  
Description: Campers will participate in soccer, softball, basketball, kickball, touch football, floor hockey, dodge ball, track and field, volleyball and team handball. Awards will be given.  
Location: Field House  
Dates: June 9 - July 3 (M-F)  
Time: 8:00 a.m - 10:00 a.m.

Fee: \$120.00

### **BSC-03 Boys' Grades 7 and 8 Sports Camps**

Open To: Incoming Grades 7 and 8  
Description: Campers will participate in soccer, softball, basketball, kickball, touch football, floor hockey, dodge ball, track and field, volleyball and team handball. Awards will be given.  
Location: Field House  
Dates: June 9- July 3 (M-F)  
Time: 10:00 a.m - 12:00 p.m.  
Fee: \$120.00

### **GIRLS' BASKETBALL**

Contact: Bob Biggins  
708-434-3015  
bbiggins@oprfs.org

Note: All campers must attend the appropriate grade level camps. Coach Biggins must approve exceptions. Each camper will receive a T-shirt

### **GB-01 Girls' Youth Basketball**

Open To: Grades: 4-6  
Description: Have fun learning basic basketball skills of dribbling, ball handling, shooting and game competition.  
Location: 1 West Gym  
Dates: June 9 – June 27 Monday-Friday  
Time: 8:00 –10:00 a.m.  
Fee: \$100.00

### **GB-02 Girls' Junior High Basketball**

Open To: Grades: 7-8  
Description: Have fun learning basic basketball skills of dribbling, ball handling, shooting and game competition.  
Location: 3 SouthGym/Field House  
Dates: June 9 – July 12 Monday - Thursday  
Time: 3:00 – 5:00 p.m.  
Fee: \$120.00

### **GB-03 Girls' Freshman Basketball**

Open To: Incoming Freshman  
Description: Learn basic basketball skills and prepare for competitive freshman basketball and participate in summer league games.  
Location: 3 South Gym  
Dates: June 9– July 12 Monday - Thursday  
Time: 1:00 – 3:00 p.m.  
Fee: \$120.00

### **GB-04 Girls' Sophomore Basketball**

Open To: Grade 10  
Description: Learn advanced basketball skills and prepare for competitive sophomore basketball and participate in summer league games.  
Location: 1 East Gym  
Dates: June 9– July 12 Monday - Thursday  
Time: 1:00 – 3:00 p.m.  
Fee: \$120.00

### **GB-05 Girls' Junior/Seniors Basketball**

Open To: Grade: 11-12  
Description: Learn advanced basketball skills and prepare for competitive varsity basketball and participate in summer league games and tournaments.  
Location: 1 West Gym  
Dates: June 9– July 12 Monday - Thursday  
Time: 10:15 a.m. – 12:15 p.m.  
Fee: \$120.00

### **GIRLS' DISTANCE RUNNING**

Contact: Sarah McCabe  
708-434-3015  
smccabe@oprfs.org

### **GDR-01 Girls' Distance Running**

Open To: Grades: 7-12  
Description: Running camp with emphasis on building a base for cross country, strength and flexibility work.  
Note: Each Camper will receive a T-Shirt  
Location: 1 East Classroom  
Dates: June 9– July 17  
(Monday-Tuesday -Wednesday-Thursday)  
Time: 7:30 – 8:30 a.m.  
Fee: \$100.00

## **GIRLS' FIELD HOCKEY**

Contact: Lauren Przyborowski  
708-434-3226  
lprzyborowski@oprfrhs.org

### **GFH-01/001 Girls' Junior Field Hockey**

Note: All players must have a stick, ball, shin guards, and mouth guard. Stick package includes all required items. Items will also be sold individually. Players will receive purchased stick package on the first day of camp.

Open To: Grades: 5- incoming 8th  
Location: Lake Street Field  
Dates: June 9 - July 2 (Monday-Thursday)  
Time: 10:30 a.m. – 12:30 p.m.  
Fee: \$165.00 (without stick package) GFH-01  
\$185.00 (with stick package) GFH-001

### **GFH-03/003 Girls' High School Field Hockey**

Note: All players must have a stick, ball, shin guards, and mouth guard. Stick package includes all required items. Items will also be sold individually.

Open To: Grades: 9-12  
Location: Lake Street Field  
Dates: June 9 - July 2 (Monday-Thursday)  
Time: 7:30 – 10:00 a.m.  
Fee: \$165.00 (in district) GFH-03  
\$200.00 (out of district) GFH-003

### **GFH-04/004 Girls' Grades 1-4 Field Hockey**

Note: All players must have a stick, ball, shin guards, and mouth guard. Stick package includes all required items. Open To: Grades: 1-4

Location: Lake Street Field  
Dates: June 9 - June 26 (Monday-Thursday)  
Time: 10:30 a.m - 12:30 p.m.  
Fee: \$125.00 (without stick package) GFH-04  
\$145.00 (with stick package) GFH-004

## **GIRLS' LACROSSE**

Contact: Katie Simok  
708-434-3015  
ksimok@yahoo.com  
www.oprfgirls lacrosse.com

### **GL-01 Girls' Grades 3-6 Lacrosse**

Open To: Grades: 3-6  
Description: Sessions will focus on individual stick development, dodging, scoring, cutting, defensive skills, organized offenses and defensive communication. The

camp will also include full-field games. Each player must provide her own stick, mouth guard and goggles. Balls will be provided. No experience is necessary. Camp fee includes camp T-shirt to be used during games and scrimmages.

Equipment: Sticks and goggles may be purchased at Dick's, Sport Authority, and Lacrosse America Store (in Downers Grove, [www.lacrosseamerica.com](http://www.lacrosseamerica.com)). Please be sure to purchase or borrow a girl's lacrosse stick that has a shallow pocket (different from a boy's stick which have thicker heads and deep mesh pockets).

Location: Lake Street Field  
Dates: June 10– July 24 (Tuesday and Thursday)  
Time: 5:00 p.m. – 6:30 p.m.  
Fee: \$125.00

### **GL-02 Girls' Grades 7-9 Lacrosse**

Open To: Grades: 7-9  
Description: Sessions will focus on individual stick development, dodging, scoring, cutting, defensive skills, organized offenses and defensive communication. The camp will also include full-field games. Each player must provide her own stick, mouth guard and goggles. Balls will be provided. No experience is necessary. Camp fee includes camp T-shirt to be used during games and scrimmages.

Equipment: Sticks and goggles may be purchased at Dick's, Sport Authority, and Lacrosse America Store (in Downers Grove, [www.lacrosseamerica.com](http://www.lacrosseamerica.com)). Please be sure to purchase or borrow a girl's lacrosse stick that has a shallow pocket (different from a boy's stick which has a thicker head and deep mesh pockets).

Location: Lake Street Field  
Dates: June 10 – July 24 (Tuesday and Thursday)  
Time: 6:30 p.m. – 8:00 p.m.  
Fee: \$125.00

## **GIRLS' HIGH SCHOOL SOCCER**

Contact: Paul Wright  
708-434-3574  
pwright@oprfrhs.org

### **CS-03 Girls' Soccer**

Open To: Grade 10-12  
Description: A comprehensive six-week program (different than 2007 camp) focusing on a variety of soccer skills, techniques, and tactics in relation to the 6 Principles of Huskie Soccer. Each camp day will have a specific

theme. The camp day will be broken down into the following components: fundamentals of the theme, match related scenarios of the theme, and implementation of the theme in game conditions. Each camp session will end with an intensive speed agility training session that is specifically geared for the soccer athlete. The camp is staffed with OPRFHS soccer coaches and other nationally certified trainers. Every camper will receive a camp t-shirt and camp soccer ball. This camp will prepare you for the next level of Huskie Soccer History—be prepared to work like a Huskie!

Location: Lake Street Field  
Dates: June 10 - July 15  
(Tuesday/Thursday 11 sessions)  
Time: 3:00 – 5:00 p.m.  
Fee: \$165.00

### **CS-04 Girls' Soccer**

Open To: Grade 7-9  
Description: A comprehensive six-week program (different than 2007 camp) focusing on a variety of soccer skills, techniques, and tactics in relation to the 6 Principles of Huskie Soccer. Each camp day will have a specific theme. The camp day will be broken down into the following components: fundamentals of the theme, match related scenarios of the theme, and implementation of the theme in game conditions. Each camp session will end with an intensive speed agility training session that is specifically geared for the soccer athlete. The camp is staffed with OPRFHS soccer coaches and other nationally certified trainers. Every camper will receive a camp t-shirt and camp soccer ball. This camp will prepare you for the next level of Huskie Soccer History—be prepared to work like a Huskie!

Location: Lake Street Field  
Dates: June 10 - July 15  
(Tuesday/Thursday 11 sessions)  
Time: 1:00 – 3:00 p.m.  
Fee: \$165.00

### **GIRLS' SYNCHRONIZED SWIMMING**

Contact: Mary Young  
708-434-3137  
myoung@oprfrhs.org

### **SY-01 Girls' - Grades 5th-9th**

Open To: Grades 5-9  
Description: Synchronized Swimming Camp focusing on skills to perform ballet in water. Strategies and techniques taught include conditioning, learning figures and routines to prepare for an end of camp routine to music. All participants must have nose clips and goggles.  
Location: West Pool  
Dates: June 16- 27  
No Camp on Friday, 6/20.  
Show on Friday, 6/27.  
Time: 1:00 – 3:30 p.m.  
Fee: \$130.00

### **GIRLS' VOLLEYBALL**

Contact: Don August  
708-434-3015  
daugust@oprfrhs.org

### **VB-01 Girls' Junior/Senior Volleyball**

Open To: Incoming Juniors and Seniors  
Description: Sessions will focus on skill development, conditioning and game play.  
Location: 3 East/3 South Gyms  
Dates: June 9 - 26 (Mondays –Thursday)  
Time: 6:00 – 8:00 a.m.  
Fee: \$100.00  
Enrollment: 40

### **VB-02 Girls' Sophomore Volleyball**

Open To: Incoming Sophomores  
Description: Sessions will focus on skill development, conditioning and game play  
Location: 1 East Gym  
Dates: June 9- 26 (Monday – Thursday)  
Time: 6:00 – 8:00 a.m.  
Fee: \$100.00  
Enrollment: 40

### **VB-03 Girls' Grades 6-7 Volleyball**

Open To: Incoming Grades: 6-7  
Description: Sessions will focus on skill development and basic volleyball systems of play. Free camp T-shirt.  
Location: 3 East /3 South Gyms  
Dates: June 9 - 26 (Monday – Thursday)  
Time: 8:00 – 9:30 a.m.  
Fee: \$100.00  
Enrollment: 60

### **VB-04 Girls' 8th Grade Volleyball**

Open To: Incoming 8th Graders  
Description: Sessions will focus on skill development, conditioning, offensive and defensive systems and some game play. Free camp T-shirt.  
Location: 3 Floor Dance Studio, 3 East, 3 South Gyms  
Dates: June 9- 26 (Monday – Thursday)  
Time: 9:00 a.m. – 11:00 a.m.  
Fee: \$95.00  
Enrollment: 40

### **VB-05 Girls' Incoming Freshman Volleyball**

Open To: Incoming freshman  
Description: Sessions will focus on skill development, conditioning, offensive and defensive systems and some game play.  
Location: 3 East, 3 South Gyms  
Dates: June 9 -26 (Monday – Thursday)  
Time: 10:30 a.m. – 12:30 p.m.  
Fee: \$100.00  
Enrollment: 60

### **GIRLS' WATER POLO**

Contact: Beth Nickels  
708-434-3015  
elizabethnickels@hotmail.com

### **GW-01 Girls' Water Polo**

Open To: Grades 6<sup>th</sup> – 12<sup>th</sup> grade  
Description: We will teach egg-beatering, basic offensive and defensive skills, shooting, water polo style swimming and we will scrimmage each day. We will split up the age groups in order to maximize their potential for growth and learning.  
Location: East Pool  
Dates: June 23 – July 31 (Monday-Thursday)  
Time: 2:00 p.m.- 4:00 p.m.  
Fee: \$130.00

### **BADMINTON CO-ED**

Contact: Jane Graham  
708-434-3019  
jgraham@oprfs.org

Note: Badminton campers are required to bring their own racket. If they do not have their own, one can be purchased on the first day of camp or pre-purchase. All other equipment will be supplied for them. Campers will also receive a T-shirt for participating in the camp.

Each session consists of maximum of 28 participants or minimum of 10 per session.

### **BAD-01 Girls and Boys – Grades 5-8**

Open To: Grades: 5-8  
Description: Basic skills taught including singles and doubles competitions.  
Location: 3 South /3 East Gyms  
Dates: June 16-19, 23-26  
Time: 12:30 -2:30 p.m.  
Fee: \$70.00 (without racket) BAD-01  
\$80.00 (with racket) BAD-001

### **BAD-03 Girls and Boys – Grades 9-12**

Open To: Grades: 9-12  
Description: Basic skills taught including singles and doubles competitions.  
Location: 3 South/3 East Gyms  
Dates: June 16-19, 23-26  
Time: 5:00-7:00 p.m.  
Fee: \$70.00 (without racket) BAD-03  
\$80.00 (with racket) BAD-003

### **GOLF CO-ED**

Contact: Doug Brown  
708-434-3853  
dbrown@oprfs.org

Note: Parents must provide transportation. Students will participate in 10 sessions with a ratio of 10:1 campers to instructor. **MUST HAVE OWN CLUBS.**

### **GOL-01 Girls and Boys – Grades 6-9**

Open To: Incoming Grades: 6-9  
Limited To: 20 students per session  
Description: Campers will learn about swings, basics for putting, short game, irons, woods, rules, course management and participate in skills challenges.  
Location: Bushwood Driving Range  
30 Madison Avenue – Maywood  
708-344-2700  
Dates: June 9- 20 (Mon-Fri)  
Time: 4 p.m. – 5 p.m.  
Fee: \$160.00

### **GOL-02 Girls and Boys – Grades 6-9**

Open To: Incoming Grades: 6-9  
Limited To: 20 students per session  
Description: Campers will learn about swings, basics for putting, short game, irons, woods, rules, course management and participate in skills challenges.  
Location: Bushwood Driving Range - address  
Dates: June 9– 20 (Mon-Fri)  
Time: 5 p.m. – 6 p.m.  
Fee: \$160.00

### **GOL-03 Girls and Boys – Grades 10-12**

Open To: Incoming Grades: 10-12  
Limited To: 20 students per session  
Description: Campers will learn about swings, basics for putting, short game, irons, woods, rules, course management and participate in skills challenges.  
Location: Bushwood Driving Range - address  
Dates: June 9– 20 (Mon-Fri)  
Time: 6 p.m. – 7 p.m.  
Fee: \$160.00

### **SOCCER CO-ED**

Contact: Paul Wright  
708-434-3574  
pwright@oprfs.org

### **CS-01 Huskie Goalie Soccer Camp**

Open To: Grade 9-12 only  
Description: The OPRFHS Goalkeeping Camp will provide goalkeepers the opportunity to advance their abilities through a wide range of technical sessions. These sessions will be available to all ability levels, from elementary through advanced. The camp will take goalkeepers through a series of exercises designed to increase strength, reflexes, handling, footwork, and other goalkeeping specialties. At the end of the camp each goalkeeper will have knowledge of many goalkeeping drills that will be useful in improving their goalkeeping abilities. Topics covered: Techniques-catching, diving, distribution, breakaways, taking crosses. Tactics-angle of play, dead ball sits, decision making. Conditioning-warm up, footwork, speed/agility. Psychology-confidence, being scored on, sportsmanship, leading your defense.  
Location: Lake Street Field-South End  
Dates: June 16 -July 2  
(Monday/Wednesday)  
Time: 6:00 p.m. – 8:00 p.m.  
Fee: \$100.00

### **SPECIAL OLYMPICS CO-ED**

#### **BASKETBALL CAMP**

Contact: Joe Ordman  
708-254-4502  
jordman@oprfs.org  
  
Jon Adelman  
708-369-1865  
jadleman@oprfs.org

### **SO-01 Special Olympics Basketball**

Open To: Grades 7-12  
Description: Sessions for this camp will focus on the development of individual basketball skills to include shooting, passing, individual/team defensive techniques, rebounding, dribbling, team defense and communication. The campers will participate in daily games and scrimmages as time allow. Campers will develop relations with peers while enjoying the game of basketball. Campers will receive a T-shirt as part of the entrance fee.  
Location: 1 East Gym  
Dates: June 16 - July 18 (Mondays and Wednesday)  
Time: 3:30 p.m. - 5:00 p.m.  
Fee: \$85.00  
Enrollment: 35  
**\*If child needs a one-on-one aide the family must provide them.**

### **TRACK AND FIELD CAMP CO-ED**

Contact: Tim Hasso  
708-434-3697  
thasso@oprfs.org

### **TF-01 Track and Field Camp**

Open To: Grade 4-8  
Description: Instruction in IHSA Track and Field Events. Sprints, Distance, Throws, Jumps, Hurdles, Relays and Pole Vault  
Location: Field House  
Dates: July 7-11  
Time: 12:30 p.m. – 2:30 p.m.  
Fee: \$80.00

## **POLE VAULT CAMP**

ONE OF THE MOST EXCITING AND CHALLENGING SPORTS EVENTS IN HIGH SCHOOL...AND IN THE WORLD.

“Our pole vault squads are consistently the best in the West Suburban Conference”-Coach Gamble

Tim Gamble has instructed veteran, collegiate, prep and youth vaulters from across the country. In recent seasons, as OPRFHS Boys and Girls Pole Vault Coach, he has qualified more pole vaulters for Indoor and Outdoor State Championship Meets than ever before in the school's rich Track and Field history. Beginners are welcome. New middle school/junior high athletes have formerly learned the techniques quickly enough to qualify for Illinois Elementary State Championship Meets. Since 2003 Coach Gamble has been safety certified by the Pole Vault Safety Certification Board.

Contact: Tim Gamble  
708-386-6818  
DadActor@aol.com

## **TF-02 Novice CO-ED Camp**

Open To: Grades 6-10  
Description: Introductory instruction and drills: customized pole vault coaching; imitative exercises; introduction to PV conditioning, gymnastics and speed training; **videotaping** and other recreational activities.  
Location: Field House  
Dates: June 9-12  
Time: 1:00 p.m. – 3:00 p.m.  
Fee: \$110.00

## **TF-03 Intermediate/Advanced CO-Ed Camp**

Open To: Grade 8-12  
Description: Customized pole vault instruction, imitative exercises, advanced drills and suggested conditioning including PV gymnastics and speed training: videotaping and videotape review and other recreational activities.  
Location: Field House  
Dates: June 9-12  
Times: 3:00-6:00 pm  
Fee: \$135.00

## **WEIGHT TRAINING CAMP CO-ED**

Contact: Jim Nudera  
708-434-3030  
jnudera@oprfs.org

Note: For students not already participating in Part 2 of the Football Camp who wants to improve strength, flexibility and conditioning.

## **WT-01 Weight Training**

Open To: Grade 9-12  
Description: Improve strength, flexibility, and conditioning  
Location: Weight Room/Lake Street Field  
Dates: July 7-July 31 (Monday-Thursday)  
Time: 6:00 a.m.-8:30 a.m.  
Fee: \$80.00

## SPORTS CAMP REGISTRATION FORM ONLY

Online registration for camps begins March 31 and ends May 15, 2008. Mail-in registration begins May 19 and ends on June 6, 2008. Camp confirmation will be mailed to your as soon as possible for mail in registrations. Read the Summer Camp brochure for important registration information. You may contact the coach for specific information and questions.

PLEASE TYPE OR PRINT IN BLACK OR BLUE INK ONLY

Parent/Guardian Name (Last/First)		Home Telephone	Emergency Contract		
		Work Telephone	Emergency Telephone		
Street Address (Include apartment # if applicable)		City	State	Zip Code	
Medical conditions/allergies					
Child's Name Last Name	First Name	Grade Fall 07	Camp Code	Camp Name	Camp Fee
					\$
					\$
					\$
					\$
					\$
					\$
					\$
TOTAL CAMP FEES (Fees vary – see camp description)					\$
Payment may be made in cash, by money order or check or by completing the credit card authorization form below. Checks must include the daytime telephone number of the person who signed the check.					
<b>CREDIT CARD AUTHORIZATION FORM</b> (Please type or print in ink)					
Cardholder's Name (As name appears on card)			Check Type of card		
			Mastercard: <input type="checkbox"/>	Visa: <input type="checkbox"/>	
Card Number (please review for accuracy)			<b>Expiration Date and Security Code on back of card</b>		<b>Amount To Be Charged</b>
Authorizing Signature on Cardholder (required)					
Date Received	Check Number			Credit Card Type:	
				MC	V

## HUSKIE SWIM CAMP

PLEASE USE SWIM CAMP FORM

HUSKIE SWIM CAMP – East Pool  
Contact: Peter Quinn  
708-434-3431

\*\*\*NO PRIVATE LESSONS\*\*\*

### Huskie Swim Camp – Age 4 –10 years

Huskie Swim Camp is a learn-to-swim –program for children 4-10 years of age. The program is designed to teach the basics of swimming and water safety with a progression through the four strokes, depending on ability. Our goal is to get your child comfortable in the water and to teach him or her that the world of aquatics is full of fun and adventure. This is NOT a conditioning program.

Dates/Times: See Session Descriptions Below (8 lessons per swim camp)

Fee: \$90.00 per child per session.

Please note:

- Maximum of two sessions per child.
- Only one swim camp per child, per session is allowed.
- Give first, second and third choices of camps per session.
- ***If your child participates on an organized swim team, these lessons are inappropriate.***

Session 1: June 9 - June 19  
Monday – Thursday (both weeks)  
(Maximum class size 34)  
Camp Code

SC-01 9:15 a.m – 9:45 a.m.  
SC-03 9:50 a.m. – 10:20 a.m.  
SC-05 10:25 a.m. – 10:55 a.m.  
SC-07 11:00 a.m. – 11:30 a.m.  
SC-09 11:35 a.m. – 12:05 p.m.  
SC-11 12:10 p.m. – 12:40 p.m.  
SC-13 12:45 p.m. – 1:15 p.m.  
SC-15 1:20 p.m. - 1:50 p.m.

Session 3: July 7 – July 24  
Monday-Thursday (both weeks)  
(Maximum class size 34)  
Camp Code

SC-33 9:15 a.m – 9:45 a.m.  
SC-35 9:50 a.m. – 10:20 a.m.  
SC-37 10:25 a.m. – 10:55 a.m.  
SC-39 11:00 a.m. – 11:30 a.m.  
SC-41 11:35 a.m. – 12:05 p.m.  
SC-43 12:10 p.m. – 12:40 p.m.  
SC-45 12:45 p.m. – 1:15 p.m.

Session 2:  
June 23 – July 3 Monday – Thursday (both weeks)  
(Maximum class size 34)  
Camp Code

SC-17 9:15 a.m – 9:45 a.m.  
SC-19 9:50 a.m. – 10:20 a.m.  
SC-21 10:25 a.m. – 10:55 a.m.  
SC-23 11:00 a.m. – 11:30 a.m.  
SC-25 11:35 a.m. – 12:05 p.m.  
SC-27 12:10 p.m. – 12:40 p.m.  
SC-29 12:45 p.m. – 1:15 p.m.  
SC-31 1:20 p.m. - 1:50 p.m.

## SWIM CAMP REGISTRATION FORM ONLY

Online registration for camps begins March 31 and ends May 15, 2008. Mail-in registration begins May 19 and ends on June 6, 2008. Camp confirmation will be mailed to you as soon as possible for mail in registrations. Read the Summer Camp brochure for important registration information. You may contact the swim coach for specific information and questions.

PLEASE TYPE OR PRINT IN INK ONLY

Parent/Guardian Name (Last/First)	Home Telephone	Emergency Contract
	Work Telephone	Emergency Telephone
Street Address (Include apartment # if applicable)	City	State          Zip Code

Medical conditions/allergies

Child's Name (Last/First)	Age as of June 16	Swim Session	Camp Code 1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	Camp Fee
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
TOTAL CAMP FEES (Fees vary – see camp description)				\$

Payment may be made in cash, by money order or check or by completing the credit card authorization form below. Checks must include the daytime telephone number of the person who signed the check.

### CREDIT CARD AUTHORIZATION FORM

(Please type or print in ink)

Cardholder's Name (As name appears on card)	Check Type of card	
	Mastercard: <input type="checkbox"/>	Visa: <input type="checkbox"/>
Card Number (please review for accuracy)	<b>Expiration Date and Security Code on Back of Card</b>	<b>Amount To Be Charged</b>
Authorizing Signature on Cardholder (required)		