

**FACE IT<sup>SM</sup>**  
PALM BEACH STATS

School Year	# of Families Served	Out-of-School Suspension Days Saved	Recidivism Rate	Parent Attendance
2004	278	897	—	100%
2005	499	1,984	2%	100%
2006	462	1,611	5%	100%
2007	427	1,567	5%	100%
2008	453	1,505	5%	100%
2009	598	1,829	4%	100%
2010	501	1,811	3%	100%
7-Year Data	3,218	11,204	4%	100%

**Participant Feedback**

"I have learned to manage so many things in this course and my family closeness would not be what it is today if it weren't for FACE IT<sup>SM</sup>." (Adult)

"I now understand how abusing alcohol can negatively affect my parents and friends, and I don't want to do that to them." (Youth)

"I really believe that this program has helped me as much as my family. Now we all share our thoughts and problems." (Youth)



2009 National Exemplary Award for Innovative Substance Abuse Prevention Programs, Practices, and Policies Palm Beach Florida, FACE IT

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2007 Florida's Most Innovative Substance Abuse Best Practices/Programs

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2005 Featured on US Department of Education's cable television show, *Parents: News You Can Use*

For more information, contact

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Youth Services, Oak Park and River Forest Townships

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Oak Park, IL 60302

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**FACE IT<sup>SM</sup>**  
**FAMILIES ACTING COLLABORATIVELY TO EDUCATE AND INVOLVE TEENS<sup>SM</sup>**

*Evidence Based Family Focused Alcohol, Tobacco, and Other Drug Education, Prevention, and Early Intervention Program*

*For Youth and Their Parents or Caregivers*

For further Information and to register go to -

[www.oakparktownship.org](http://www.oakparktownship.org)



Funded by Youth Services Oak Park and River Forest Townships, Community Mental Health Board of Oak Park Township

## FACE IT<sup>SM</sup>



FACE IT<sup>SM</sup> offers . . .

- Education and Support
- Parent/Caregiver Involvement
- Ongoing, Open Classes
- Confidentiality
- Active Participation

Classes are held in the evenings to allow parents/caregivers to attend each class.



Visit us online at

[www.oakparktownship.org](http://www.oakparktownship.org)

### Goals

Empower families to help youth avoid using alcohol, tobacco, and other drugs.

### Outcomes

#### Family Members

- Learn about the consequences and effects of using alcohol, tobacco, and other drugs
- Learn, practice, and apply healthy life skills
- Improve family communication and relationships

#### Youth

- Reduce incidents of alcohol, tobacco, and other drug use and possession at school and in the community

#### Parents and Caregivers

- Enhance parenting skills and tools
- Develop and provide clear family rules and consequences regarding the use of alcohol, tobacco, and other drugs

### Number of Sessions

Participants graduate after completing eight (8-12) sessions (one session weekly)

Mandatory Parent/Caregiver attendance for each session.

### Thought-Provoking Topics

- Setting Goals
- Gateway Drugs
- Limits and Consequences
- Communication
- Families Living with a Substance Abuser
- Anger Management
- Building Healthy Relationships
- Tobacco Use
- Making Healthy Choices
- Conflict Resolution
- Prescription and Over-the-Counter Drug Misuse and Abuse
- Handling Stress
- Underage Drinking

Youth Services, Oak Park and River Forest Townships