

# Community Resources for Your Family in Oak Park

**If you live in any of the following situations, you may qualify for services:**

- Doubled up with other people due to loss of housing or economic hardship
- In a motel due to the lack of adequate alternative accommodation
- In a car, park, abandoned building or bus or train station
- In a shelter

## Crisis Services

**Housing Crisis – Eviction Prevention, Rental Assistance, Emergency Shelter**

### Homeless Prevention Call Center

(877) 426-6515  
(pre-screening)

### Housing Forward

www.housingforward.org  
(708) 338-1724  
6634 W Roosevelt Rd.  
Oak Park, IL 60304  
Housing Forward provides rental assistance, short term stabilization and services to resolve a financial or rental housing crisis situations.

### Sarah's Inn

www.sarahsinn.org  
(708) 386-4225  
Sarah's Inn offers individual advocacy, counseling, support and education groups, life skills development and legal advocacy for domestic violence victims and children. Also offers counseling for male perpetrators of intimate partner violence.

### Thresholds

www.thresholds.org  
Main: (773) 537-3064  
Intake: (773) 572-5400  
334 N Menard Ave.  
Chicago, IL 60644  
Assists with housing in Oak Park, as well as medical care, psychiatric treatment, workforce development and educational opportunities.

## Emergency Shelter Locations

www.housingforward.org/get-help  
Housing Forward provides overnight shelters that include dinner, breakfast and a sack lunch to go.

## Employment Services

### Housing Forward

www.housingforward.org  
(708) 338-1724 x301  
6634 W Roosevelt Rd.  
Oak Park, IL 60302  
One-on-one job coaching, job search assistance and resume development for adult job seekers; five-week classroom setting Career Passport program for adults.

### New Moms

intake@newmoms.org  
(773) 252-3253 x128  
206 Chicago Ave.  
Oak Park, IL 60302  
5317 W Chicago Ave.  
Chicago, IL 60651  
New Moms offers housing, job training, and family support for young moms in Chicago, Oak Park and the near suburbs.

### African American Christian Foundation

aacfworks.org  
(708)848-1700  
6707 W North Ave.  
Oak Park, IL 60302  
AACF Employment services offers a Workforce Training Program.

## Hephzibah Children's Association

www.hephzibahhome.org/what-we-do/day-care  
(708) 649-7113  
Hephzibah offers a day care program for children grades K-5 after school, on school holidays and during the summer months. After-School Day Care is provided Monday, Tuesday, Thursday and Friday during the school year 2:55 PM – 6 PM; Wednesdays 1:55 PM – 6 PM.

## Family Support Services

### Hephzibah Children's Association

hephzibahhome.org/what-we-do (708) 649-7100  
1144 Lake St., 5th Floor,  
Oak Park, IL 60301  
Helps strengthen and stabilize families that are experiencing crisis or stress, alleviate short term financial crisis, assist with enrichment activities for children and tutoring and respite services through a volunteer program.

### New Moms

intake@newmoms.org  
(773) 252-3253 x128  
206 Chicago Ave.  
Oak Park, IL 60302  
5317 W Chicago Ave.  
Chicago, IL 60651  
New Moms offers housing, job training, and family support for young moms in Chicago, Oak Park and the near suburbs.

## Presence Behavioral Health

www.presencehealth.org  
(708) 410-0615  
This program offers training for parents and siblings.

## Smart Love Family Services

www.smartlovefamily.org  
(773) 665-8502  
Rush Medical Office Building  
610 S Maple, Oak Park, IL 60304  
Smart Love Family Services provides parent training and support for children at risk of developing behavior and learning difficulties in school.

## Free Lunch & Food Pantry Services

**Your children are eligible to receive a free lunch each day and if the district provides a breakfast program that will be free of charge.**

### Beyond Hunger

(formerly Oak Park River Forest Food Pantry)  
www.gobeyondhunger.org  
(708) 386-1324  
848 Lake St.  
Oak Park, IL 60301  
Beyond Hunger provides hunger relief services for the community including a Food Pantry and help connecting to benefits

### Pantry Distribution Days

Saturdays: 9 AM – 12 PM;  
1st Wednesday of the month:  
6:00 PM – 7:30 PM; All other  
Wednesdays: 3:30 PM – 5 PM

**The Oak Park Homelessness Coalition (OPHC)** consists of 50-plus organizations working to end homelessness in Oak Park by making it rare, brief and one time. Represented by government, healthcare, businesses, faith-based groups, school districts, social service agencies and non-profits. OPHC meets quarterly to educate the community, develop and implement a plan and take action to help those who are homeless or in danger of becoming homeless.

**OAK PARK  
HOMELESSNESS  
COALITION**

[endhomelesnessoakpark.com](http://endhomelesnessoakpark.com)

 [OakParkHomelessnessCoalition](#)

# Community Resources for Your Family in Oak Park

## Before & After School Programming & Tutoring

### West Cook YMCA

[www.westcookymca.org](http://www.westcookymca.org)  
Y-Kids: DCFS-licensed before and after-school recreation program for children grades K-6. Provides transportation to and from area school. Pick-up times vary per school. Please inquire about bus service at District 97 or 91 before registering. Available Monday - Friday from 7 AM – 9 AM and from school dismissal until 7 PM.

### Park District of Oak Park

[www.pdop.org/programs/schools-out](http://www.pdop.org/programs/schools-out)  
Indoor and outdoor learning experiences and activities such as group games and sports, as well as time to relax, read, do homework and participate in quiet activities like arts and crafts and table games. An after school snack will be provided.

### Cluster Tutoring

[info@clustertutoring.org](mailto:info@clustertutoring.org)  
(773) 378-5530  
Cluster Tutoring provides free one-to-one tutoring to more than 100 students. Each tutor is matched with a student and the pair works together during the school year to prepare for a successful academic career.

## Health & Mental Health Services

### Thrive Counseling Center

[www.thrivecc.org](http://www.thrivecc.org)  
(708) 383-7500  
120 S Marion St.  
Oak Park, IL 60302  
Thrive Counseling Center provides adult therapy and youth therapy services.

### Presence Behavioral Health

[www.presencehealth.org](http://www.presencehealth.org)  
(708) 410-0615  
Presence Behavioral Health offers in home community based treatment, individual, group and family mental health and substance abuse services, social skills group.

### Oak Park Public Library

[rsimmons@oppl.org](mailto:rsimmons@oppl.org)  
(708) 697-6910  
Referral-based health and mental-health advocacy and support.

### Way Back Inn

[www.waybackinn.org](http://www.waybackinn.org)  
(708) 345-8422 x1  
The Grateful House serves adult men and women who are suffering from alcohol, drug, and gambling dependence. The mental health board of Oak Park pays for clients to receive housing and treatment.

### NAMI Metro Suburban Drop-In Center

[www.namimetsub.org](http://www.namimetsub.org)  
(708) 524-2582  
814 Harrison St.  
Oak Park, IL 60302  
The Drop-In Center provides services to those struggling with mental health to enhance lives and promote involvement in the community.

### Oak Park Township Youth Services

[www.oakparktownship.org](http://www.oakparktownship.org)  
(708) 445-2727  
105 S Oak Park Ave.  
Oak Park, IL 60302  
Youth Intervention Program intervenes in the lives of school-age youth who are involved with violence, drug or alcohol use or abuse or gang activity.

### Children's Clinic

[info@childrensclinicniws.org](mailto:info@childrensclinicniws.org)  
(708) 848-0528  
320 Lake St.  
Oak Park, IL 60302  
You may qualify for medical and dental services if you have insurance. Visit the website or call for more information about qualifying insurance. Additionally, you can choose a plan online at [www.enrollhfs.illinois.gov/enroll](http://www.enrollhfs.illinois.gov/enroll) or via phone (877) 912-8880.

### Strive for Success

[www.tasc.org](http://www.tasc.org)  
(224) 423-4588  
49 Lake St.  
Oak Park, IL 60302  
Strive for Success enhances and improves the social, emotional and/or health challenges for families living in Oak Park through individualized care coordination plans and links to services. The program is free to Oak Park residents.

## Children's Resources The Collaboration for Early Childhood

[www.collab4kids.org](http://www.collab4kids.org)  
(708) 613-6122  
123 Madison St.  
Oak Park, IL 60302  
Children under the age of five may qualify for educational services. Call to find out about preschool or Head Start programs, home visiting programs, child care or information about your child's development.

### New Moms

[intake@newmoms.org](mailto:intake@newmoms.org)  
(773) 252-3253 x222  
206 Chicago Ave.  
Oak Park, IL 60302  
5317 W Chicago Ave.  
Chicago, IL 60651  
New Moms offers housing, job training, and family support for young moms in Chicago, Oak Park and the near suburbs

### Hephzibah Children's Association

[www.hephzibahhome.org](http://www.hephzibahhome.org)  
(708) 649-7101  
946 North Blvd.  
Oak Park, IL 60302  
Head Start Center for three-five years of age, Early Head Start Home Visiting Program for pregnant moms and children up to age three. No charge to families that are accepted into the Hephzibah Head Start program.

### Easterseals – Partnering with Parents

[www.easterseals.com](http://www.easterseals.com)  
(708) 434-2560  
120 Madison St.  
Oak Park, IL 60302  
Easterseals supports pregnant moms and families in Oak Park and River Forest with children up to age three with home visits, referrals for services and social connections. No charge.

### YEMBA

[www.yemba-inc.org](http://www.yemba-inc.org)  
(773) 842-5022  
This program provides mentoring services to at-risk youth for substance use, mental health needs, homelessness and school resistive and refusal behaviors.

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