



Parents And Community Together
to reduce youth alcohol & drug use

Youth Substance Abuse Prevention & Intervention Resources

General Information

Partnership for Drug Free Kids mission is to reduce teen substance abuse and support families impacted by addiction. This is a great resource for parents, providing information and tips regarding what you can do to help your child make healthy choices. <http://www.drugfree.org/>

The **Centers for Disease Control and Prevention (CDC)** is the national public health institute of the United States. <http://www.cdc.gov/healthyyouth/alcoholdrug/>

National Institute on Drug Abuse (NIH) - Every year, the Monitoring the Future (MTF) survey measures drug, alcohol, and tobacco use and related attitudes among 8th, 10th, and 12th graders. <http://www.drugabuse.gov/publications/drugfacts/high-school-youth-trends>

General Counseling and Outpatient Services

Youth Intervention Program Township Youth Services

The Youth Intervention Program employs highly trained, experienced youth workers and coordinates a broad spectrum of services to help young people who are showing signs of involvement with gang activity, violence and/or substance abuse. Youth interventionists work closely with parents, schools and local government and social service agencies to engage young people in positive activities and help them make better life choices. The Youth Intervention Program is cooperatively funded by all of the governmental units of Oak Park and River Forest and operated by the Oak Park Township.

Contact Youth Services at (708) 445-2727 (Oak Park Township Office)

FACE-IT Program

“Families Acting Collaboratively to Educate and Involve Teens” (FACE-IT) is an evidence based, family-focused alcohol, tobacco and other drug education, prevention, and early intervention program for youth and their parents or caregivers. The courses, which are held over several weeks, teach life skills, critical thinking, anger management, etc. Both parent/caretaker and youth are required to attend and complete the program.

For further details contact Jen Roth at jroth@oakparktownship.org or (708) 445-2727.

Families Anonymous (FA)

Families Anonymous is a self-help support group for relatives and friends of people with alcohol, drug or emotional problems. Meetings are every Tuesday at 7:30 p.m. at First United Church, 848 Lake Street, Oak Park. Enter from the parking lot behind the church off Kenilworth. Meetings are FREE and open to all, with no religious affiliation required. Visitors welcome.

Al-Anon and Alateen

The **Al-Anon** (for adults) and **Alateen** (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has had issues with alcohol. Call (312) 409-7245 for meeting information or www.niafg.org to find a list of meeting dates and location in the area.

Thrive Counseling Center: Thrive Counseling Center is dedicated to strengthening communities by empowering today's youth. Thrive offers counseling, assessment, prevention, and specialized support for youth and their families. Youth Services include:

- Individual Youth Counseling
- Family Counseling
- 24/7 Crisis Services
- Individual Anger Management Training
- Emergency Services for runaway or locked out youth
- Counseling Services as an alternative to suspension from school
- Youth Therapists and a Substance Abuse Preventionist on-site at OPRF High School

Contact 708-383-7500 for more information or to schedule an intake

Pillars Adolescent Addictions Services (ages 12-17) addresses issues underlying adolescent drug and alcohol abuse, focusing on increasing motivation to change. A comprehensive evaluation determines the severity of the addiction and appropriate treatment planning, followed by early intervention with consultation, outreach, and treatment to adolescents and their families. Treatment groups include a four-week Choices educational and assessment group and the ongoing Next Step treatment group.

For more information regarding programs or services, please call 708.PILLARS (745.5277).
<http://www.pillarscommunity.org>

Inpatient services and Intensive Outpatient**Rosecrance**

Rosecrance's Oak Park Office offers assessments for patients seeking substance abuse treatment, in collaboration with Thrive Counseling Center. Services are provided by appointment only.

Please call 815-387-5615 for more information or to schedule an appointment.
<http://www.rosecrance.org/facilities/chicago/rosecrance-oak-park-office/>

Riveredge Hospital

Riveredge hospital offers a variety of treatment and support options for individuals and families struggling with a variety of issues including mental health and chemical dependency.

For more information please call 708-209-4181 for information or visit www.riveredgehospital.com